

North Carolina Annual Conference for Survivors of Suicide

Saturday, November 21, 2009

Registration: 9:00am
Program: 9:30am - 3:00pm

Location

Meredith College, Ledford Hall
3800 Hillsborough Street
Raleigh, NC 27605

Program Description

This conference is designed to help survivors of suicide express and understand the troubling and powerful grief, stigma, pain and guilt they experience.

It will provide an empathetic understanding of loss due to suicide by testimonials and support groups. Experienced clinicians and survivors will share advice and insight for moving on and dealing with the stigmas and the pain of losing someone to suicide. Mental health professionals will be able to share and learn how to work with clients experiencing this loss..

Target Audience

Counselors, social workers, nurses, school nurses, school counselors, teachers, clergy, parents, and other healthcare professionals working with survivors of suicide, as well family members that are survivors of suicide

Objectives

At the conclusion of this activity, participants should be able to:

1. Describe facts about suicide that will assist clinicians and clients with their grief and loss.
2. Discuss various techniques for working with clients who have suffered a loss of a loved one by suicide.
3. Discuss the reality of the trauma and stigmas associated with a suicide survivor, such as the guilt and blame often associated with those left behind.
4. Identify techniques for dealing with loss by sharing insight and experiences with other survivors who are struggling to heal.

Speaker

Suzanne Rabon, MSW

Director of Field Education
Social Work Program
Meredith College

Credit

Wake AHEC CEU: .4 (4 contact hours)

A participant must attend 100% of the activity to receive credit.
No partial credit will be given.

Agenda

9:00am	Registration
9:30	Welcome and Overview of Day <i>Larry Bernstein, LCSW</i>
9:45	Surviving the Loss of Someone Through Suicide <i>Suzanne Rabon, MSW</i>
10:45	Break
11:00	Local Survivors Panel Discussion: Surviving the Loss of a Loved One
12:00pm	Lunch
1:00	<i>Concurrent Session 1</i> AFSP National Teleconference
	<i>Concurrent Session 2</i> Survivor Breakout Groups
2:30	Break
2:45	Closing and Summary Remarks <i>Larry Bernstein, LCSW</i>
3:00pm	Adjourn

Registration

Professionals: \$25
Individuals or Primary Family Members: \$15
Each Additional Family Member: \$10

Fee includes credit, light refreshments and catered lunch.

Make Check Payable to: Larry Bernstein

Mail Registration and Payment to:
Attn: Survivors Conference
Larry Bernstein
105 Starwood Lane
Holly Springs, NC 27540

Registration Deadline: Wednesday, November 18, 2009

Cancellations & Refunds

Refunds for cancellations will be issued by Triangle Survivors of Suicide. Please contact Larry Bernstein at bernsteinLCSW@hotmail.com regarding refunds.

Inclement Weather

Call 919-946-0110 for the inclement weather schedule.

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Please Choose One Session:

- Concurrent Session 1 - AFSP National Teleconference
Concurrent Session 2 - Survivor Breakout Groups

PID#: (Last name + last 4 digits of Social Security #) If you have attended a Wake AHEC program in the last 6 months, we only need Your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

Dr. Mr. Mrs. Ms.

Four empty boxes for SSN digits

First Name MI Last Last 4 digits of SSN (required)

Clinical Specialty Degree(s)/Certification(s)

Employer Name Department Job Title

Home Address City State Zip County

Home Phone Work Phone

E-mail Address Fax

By providing your fax number, e-mail address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Payment Options

Payment must accompany registration.

Check enclosed. (Make payable to Larry Bernstein.)

Mail Check to:

Attn: Survivors Conference
Larry Bernstein
105 Starwood Lane
Holly Springs, NC 27540